

# *Role of Creativity in Consciousness*

*A sneak peak of what I learned this week  
06/06/08*

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# 3 theories to bind them all

- ▶ Quantum, NLP theories
- ▶ Thinking in general
- ▶ Creation Theory

# Theory # 1

- ▶ Involves Quantum Physics, NLP

# What does quantum physicist say?

- ▶ Split the atom to the minutest
- ▶ We find nothing but energy packets
- ▶ These packets are NOT aligned like solar system
- ▶ They are “Possibilities”
- ▶ Dependent on the “Observer” - in this case a quantum physicist
- ▶ Speed vs. Location

# What does Quantum NLP specialist say?

- ▶ These “possibility packets” are affected by our thoughts
- ▶ Our thoughts affect energy at quantum level
- ▶ Our thoughts are tied to our behavior patterns

# In layman words

- ▶ Switch the observer from Scientist to a regular user
- ▶ What we observe has direct relation to what we are looking for are going to revisit it again

# Matter and Energy

- ▶ Einstein's famous formula
- ▶  $e = mc^2$
- ▶ In other words energy ~ mass (matter)

# Summary - A top down approach

- ▶ Now we have established energy and matter are same
- ▶ When we dug in deep to see inside matter we found “Possibility”
- ▶ We realized that this “Possibility” changes depending upon the Observer
- ▶ “Possibilities” change based upon Observer’s thoughts



# Theory # 2

- ▶ Involves thinking, creativity tools

# Thinking

- ▶ Consists of 2 components
  - ▶ Perception
  - ▶ Logic

# Logic

- ▶ People are addicted to logic
- ▶ Default behavioral response is “To Analyze”
- ▶ Something wrong or normal or good we always look at logic behind it.

# Perception

- ▶ Perception always leads to 2nd stage which is “Logic”
- ▶ We never pay attention to perception
- ▶ A lot of problems out there are by lack of perception rather than logic
- ▶ Perception is what makes us human, logic can be converted to a computer program or outsourced

# Being creative?

- ▶ Expand perception
- ▶ More input means more to perform at logic level and hence more options
- ▶ Use perception expanding tools
- ▶ Six Thinking Hats
- ▶ To-Lo-Po-So-Go

# Theory # 3

- ▶ Involves new age gurus

# Thoughts

- ▶ We have about 60,000 thoughts every day
- ▶ Remember each thought individually is altering a “Possibility”
- ▶ How do we manage 60,000 alterations at Quantum level?

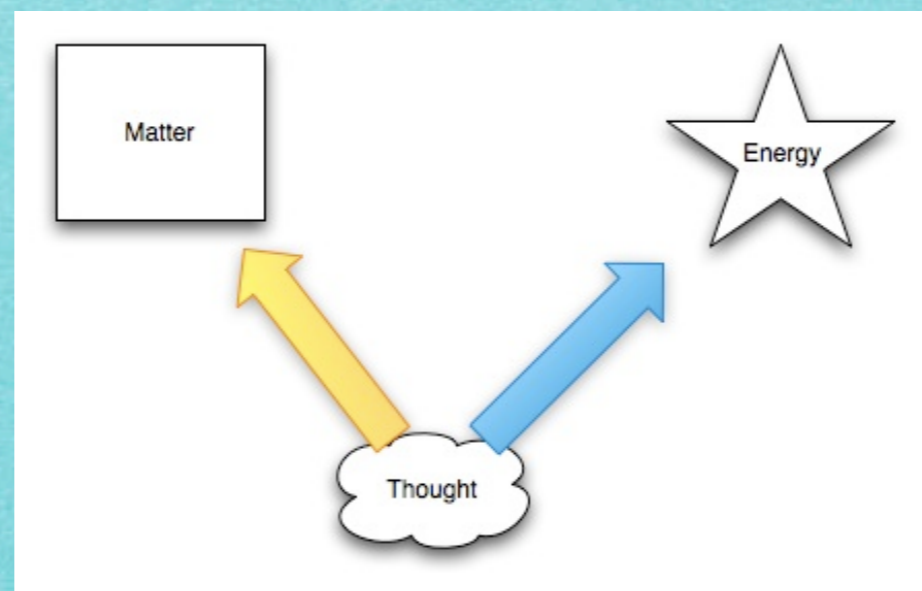
# Feelings

- ▶ One feeling is worth a thousand thoughts
- ▶ We can keep those 60,000 thoughts in check through feelings



# Thoughts again

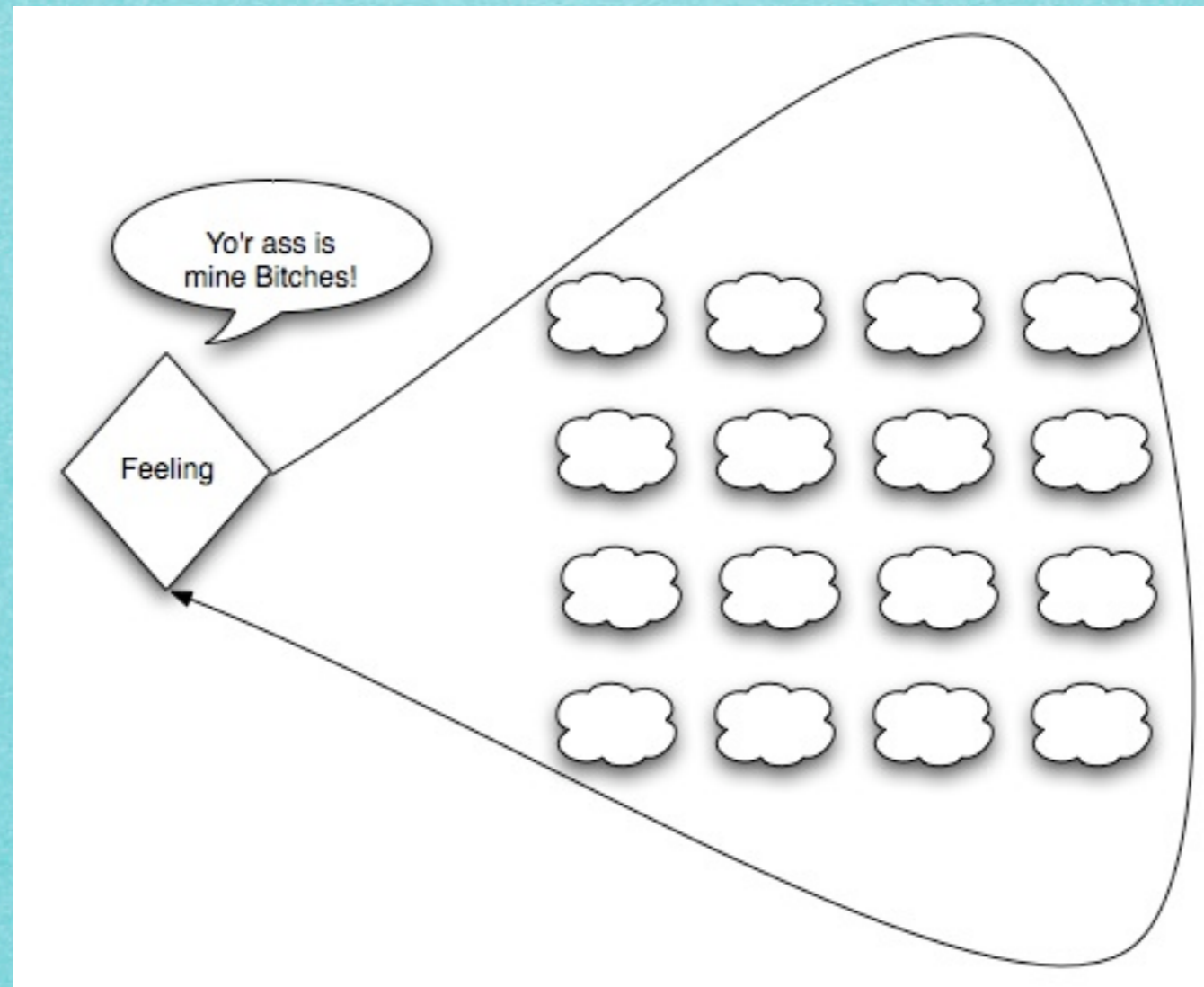
- ▶ Our thoughts create matter (vis a vis energy, thanks Einstein)



# Thoughts again



# Orchestra anyone??



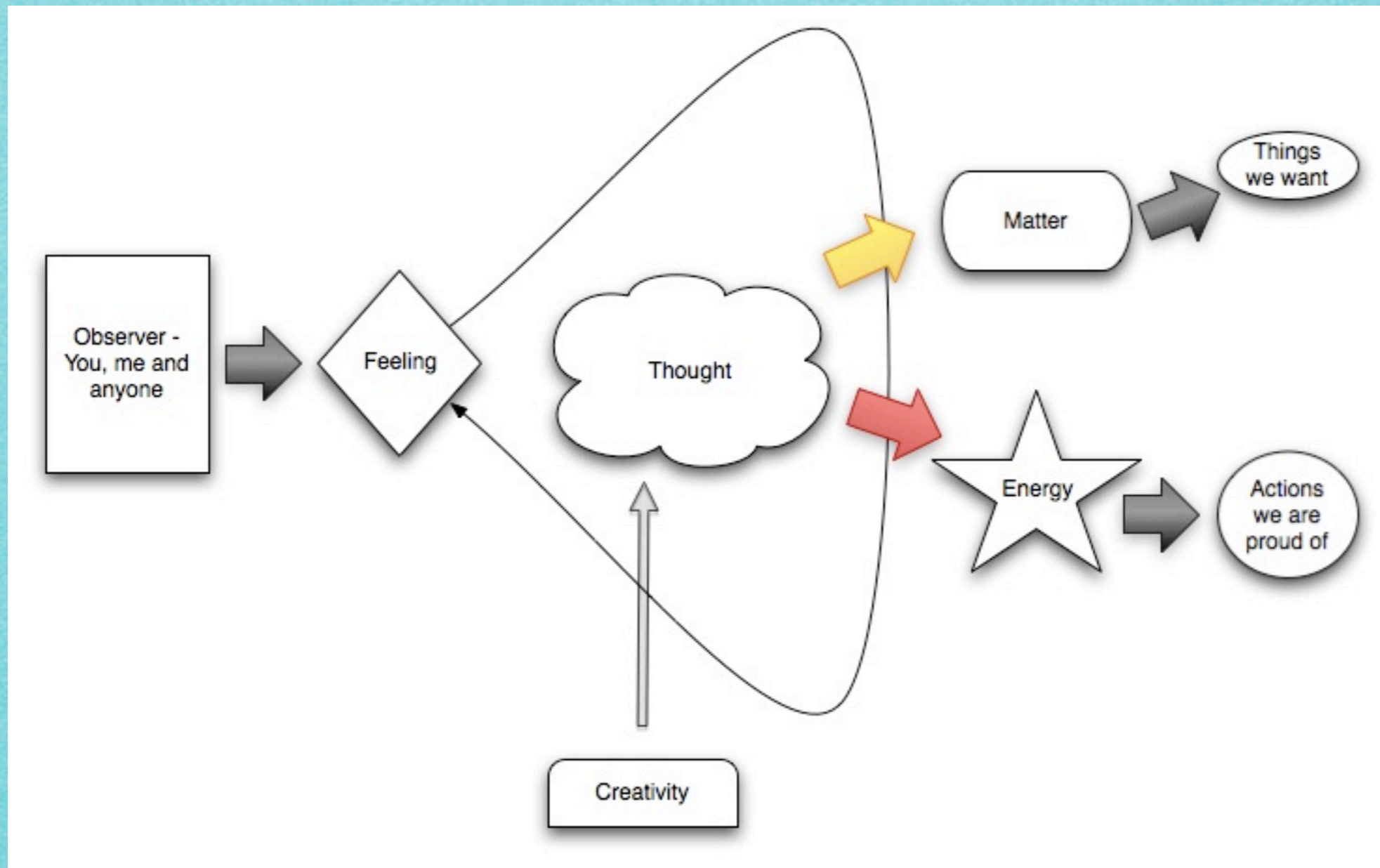
# Kichari Mix

- ▶ So what do we learn from these 3 theories?

# Big picture - Key points

- ▶ Observer changes possibility
- ▶ Creativity enhances perception
- ▶ Perception is at thought level
- ▶ Feelings affect multiple thoughts
- ▶ Observer has feelings

# Big Picture - Actual Picture



# What did I learn from this?

- ▶ How I feel “Now” always, always determine how I do, think and act later
- ▶ Whatever negative things that are happening now are a result of what happened in the earlier “Now”
- ▶ I have the power to break that pattern and create a new one using creativity and good feelings

# Lastly

▶ Thank You Jesus